



Alcohol Education and  
Research Council

EIGHTEENTH ANNUAL REPORT AND STATEMENT OF ACCOUNTS 1999-2000

*presented to the Secretary of State for the Home Department*

## Objectives

The Council seeks to increase awareness of alcohol issues, to facilitate a reduction in alcohol-related harm in society and to encourage best practice. Our aim is to make a positive difference to the ways in which society understands and uses alcohol.

**Within this overall purpose the Council aims to:**

- generate and disseminate research-based evidence to inform and influence policy and practice; this includes research on innovative educational initiatives;
- support appropriate innovative educational initiatives; and

**Through its studentship scheme to:**

- contribute towards the formation of the next generation of academic researchers; and
- assist workers in the alcohol treatment field to provide a better service for their clients by enabling them to obtain appropriate qualifications.

### THE ALCOHOL EDUCATION AND RESEARCH COUNCIL

The Alcohol Education and Research Council was established in 1982 under the Licensing (Alcohol Education and Research) Act 1981 to administer the Alcohol Education and Research Fund, a charitable foundation established with assets from the former licensing compensation authorities.

The Fund is available to finance projects within the United Kingdom for education and research and for novel forms of help to those with drinking problems, including offenders. The Fund may also be used to aid other charitable organisations having similar purposes.

**To facilitate its objectives the Council:**

- will foster alliances with other organisations which have similar aims and objectives; and
- may from time to time set priorities and welcome proposals in priority areas.

**However the Council will not normally:**

- fund bio-medical research projects; or
- contribute to the running costs of organisations.

Registered as a Charity under the Charities Act 1963

(Charity Number: 284748) at:

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Bankers **Barclays Bank plc** Fund Managers **Baillie Gifford and Co**

Auditors **Messrs Saffery Champness**, Chartered Accountants

Solicitors **Arlington's Sharma & Co**

## CONTENTS

REPORT BY THE CHAIRMAN	2-3
RESEARCH	4
EDUCATION	5
MAKING OUR WORK KNOWN	6
RECENT DEVELOPMENTS	
The Website	7
Alcohol Insights	7-8
Annual Seminars	8-9
New Council Members	9-10
FINANCIAL MATTERS	11-12
FINANCIAL STATEMENTS	
Statement of the Council's Responsibilities	i
Auditors' Report	ii
Accounting Policies	iii
Statement of Financial Activities	iv
Balance Sheet and Cashflow Statement	v
Notes to the Financial Statements	vi-viii
ALCOHOL EDUCATION	13-14
ANNEX I	15
ANNEX II	16-17
ANNEX III	18-19
ANNEX IV	20-23
ANNEX V	24

Baroness Flather JP DL FRSA



In last year's report I outlined the strategic plan which the Council had adopted in order to improve its effectiveness. In the past year this plan has come to fruition.

In approaching our task we have been guided throughout by the *Statement of Purpose* which the Council adopted following the 1998 strategy seminar. We are determined to use our limited funds so that they do make a positive difference to the understanding and use of alcohol, especially by young people.

#### DISSEMINATION

The most visible development this year has been the ways in which we communicate and disseminate the results of our work. The website came on line in January and has been well received. Potential applicants can now find answers to most of their questions and can download application forms and guidelines.

An important aim of the *Statement of Purpose* is to *generate and disseminate research-based evidence to inform and influence policy and practice*. Since becoming Chairman I have been impressed by the quality of the research we have funded, but so often the important conclusions have been shared only with the readership of academic journals. The *Alcohol Insights* series will establish a bridge between researchers and policy makers and others who may be in a position to make a positive use of the practical research findings. The first six *Insights* are being distributed with this annual report.

## PROCEDURES

In developing our strategy we were conscious of the criticisms that the Council sometimes took a very long time to determine applications. This has reflected the thoroughness of our scrutiny standards which cannot be compromised. However, I am very glad to announce that the Research and Education Committees have overhauled their procedures and we are now able to turn applications round in a four-month cycle.

## EDUCATION AND RESEARCH

When I became Chairman I was disappointed to find that so little was being spent on educational initiatives. This balance has been redressed; 20% of the grants budget is now allocated to the studentship scheme. The remit of the Studentship Committee has been extended to include the development of educational policy. The paper by the Council's Scientific Officer is intended to contribute to debate in this area.

The Council does, of course, remain committed to funding good research. It was disappointing that we did not spend the entire grants budget for the financial year. Nevertheless we did fund some very good projects and some of the proposals submitted in the year have now been approved. In accordance with our financial policy the underspend has been carried forward to the new financial year.

## COUNCIL AND COMMITTEES

In January we were very sorry to say goodbye to Eilish Gilvarry, Phyllida Parsloe and Bruce Ritson. Their contribution to the work of the Council over six years was enormous and they will be sorely missed. We were also sorry to lose Brian McAvoy, who left to take up a new post in Australia, and

Paul Wallace who had to resign due to his other commitments. Our Administrative Assistant, Mavis Evans, also retired in February. We wish them all well.

In their place we were glad to welcome Jonathan Chick, Perminder Dhillon, John Kemm and Daljit Sidebottom. Andrea Tilouche took over from Mavis in February. We hope that they find their service with the Council both rewarding and enjoyable.

I should like also to record my thanks to all the Council for their unstinting efforts over the past year, with a special thanks to the chairmen of the functional committees.

## CONCLUSION

In conclusion this has been a good year for the Council and I believe that we have a sound organisation for continuing our work into the new century.

## Dr Robin Davidson

### THE COMMITTEE

This is my first report as the chairman of the Research Committee and, in doing so, I should like to pay tribute to the work of my two predecessors, Eilish Gilvarry and Bruce Ritson. They are greatly missed, both for their wisdom and congenial companionship. Jonathan Chick and John Kemm have taken their places and each has brought a wealth of experience and expertise to the work of the Committee.

### GRANT APPLICATIONS

In 1999/2000 the Committee met four times and considered a total of 14 applications, of which only 5 were awarded grants. Details of the successful applications are given in Annex II. We were disappointed that the quality of applications was such that we were unable to spend the entire budget that had been allocated for new grants. The underspend of £154,000 has been carried forward to the FY 2000/2001.

Members are committed to supporting excellence in research and practice. In considering an application we find it helpful to apply the criteria of the Council's *Statement of Purpose* and we ask ourselves the following questions:

- Will it make a positive difference to the ways in which society understands and uses alcohol?
- Will it produce practical findings, which can be applied widely by commissioners and providers of services?
- Is the methodology and evaluation sound and scientifically based?
- Does the proposal provide value for money?

At the same time we do not approve applications for running costs. It is also rare that we will approve a bio-medical proposal, because we consider that this kind of funding is mainly the preserve of the Medical Research Council and the medical trusts.

On the procedural front one of our priorities has been to reduce delays in the consideration of grant applications. Under new procedures, which came into force in April 2000, all applications should normally be decided within four months.

The Committee is always happy to discuss proposals at the formative stage. Outlines should be sent to the Secretary in the first instance, preferably by e-mail. We welcome these outline proposals, particularly for the opportunity it provides to ensure that they take account of Council policies.



## Mrs Gill Mackenzie

In the past year the Committee met four times. As in previous years one of our main tasks has been to administer the Studentship competition, but we have also developed further expertise in considering applications for educational grants. We have also been looking at ways in which the Council can develop its educational remit.

### STUDENTSHIP SCHEME

In 1999 we were disappointed to receive only 15 applications for studentship awards. Out of these a total of 2 research and 6 taught course studentships were awarded. Details of the awards made are contained in Annex I1. A total of £111,624 was expended on studentship grants in the 1999/2000 financial year.

We were also disappointed with the quality of the research applications and we felt that in some instances the chances of success would have been improved if academic supervisors had been more involved in the preparation of the research outline.

### EDUCATIONAL GRANTS

At the beginning of the financial year the Committee took over responsibility for considering applications for educational grants. In the year we received 8 applications, of which 3 were successful. Details of these are in Annex II.

Like our colleagues on the Research Committee we apply the criteria of the Council's *Statement of Purpose* and we ask ourselves whether the proposal will make a difference and increase the way in which people understand and use alcohol. We do not normally fund local educational programmes unless they are innovative in their approach and are likely to produce results that can be used elsewhere.

We attach great importance to how a proposal will be evaluated and normally we require the project to be assessed by an external evaluator. Having agreed the arrangements with the applicant the Council contracts and pays the evaluator. This procedure is producing good results, which will be described in the next report.

### COMMITTEE

At the beginning of April we were delighted to welcome Daljit Sidebottom to the Committee. She brings considerable experience of drugs and alcohol education. I should like to thank all my colleagues on the Committee for their support during the year.



## Professor Richard Velleman

This has been a busy year for the Committee. We met four times and we have taken forward the ambitious programme established last year to improve and develop further the way in which the Council publicises itself and its work.

### THE COMMITTEE

We were sorry to say farewell to Bruce Ritson in January but we are very pleased that new Council members Perminder Dhillon and John Kemm have joined the Committee. They bring with them considerable media experience. I am most grateful to my colleagues for all their help and support.

### WEBSITE

Our website [www.aerc.org.uk](http://www.aerc.org.uk) came on-line in January and it is described in a separate article. From the feedback this has been widely welcomed and it is helping us to provide a better service to potential applicants. Please visit us, if you have not already done so, and let us have your comments.

### ALCOHOL INSIGHTS AND PROJECT REPORTS

A major innovation has been the development of the *Alcohol Insights* series of abstracts, which is described elsewhere in the Report. Up until now it has been left to grant holders to publish the results of their research, usually in academic journals. This has meant that very often useful work has not come to the notice of policy makers and others who are able to implement the lessons learnt. As a result of this initiative, coupled with steps that we have taken to make project reports more available, we are fulfilling the Council's stated aim to *increase awareness of alcohol issues, facilitate a reduction in alcohol-related harm in society and to encourage best practice.*

### ANNUAL REPORTS

This is the third annual report that the Committee has been responsible for producing. In the last one we tried to make the content more readable. In this report we have tried to develop a more attractive design. Any comments or suggestions for further improvements will be welcome.

### SEMINAR

The annual October seminar provides a good *shop window* for the Council. It is also a way in which Council Members can meet people from the regional alcohol scene. The seminar in Cardiff in October 1999 was the first one that this Committee was responsible for organising. Our thanks go to those grant-holders who shared their experiences with the audience and us.



## Len Hay, Secretary to the Council

### THE WEBSITE

The Council joined the cybernetic age on 19 January 2000 when its website [www.aerc.org.uk](http://www.aerc.org.uk) went on-line.

The establishment of a website was one of my first recommendations to the Council but it had to await the completion of some more pressing improvements, including the provision of suitable IT equipment. The strategy seminar in October 1998 endorsed the proposal and the establishment of the dissemination committee gave a focus to the project.

In developing the site we had primarily in mind the information people need when they are thinking of applying to the Council for a grant. To that end, in addition to the general background pages, we include:

- information about the different types of grants available – research, action, miscellaneous and studentships;
- copies of application forms and the relevant guidelines; and
- information about how applications are considered and the members of the committees who will consider the applications.

It is clear from the comments we have received that the website has fulfilled a need. More and more we find that the website is the first port of call of applicants. We are also intrigued by the range of enquiries we receive from all over the world, including one from a drugs and alcohol worker on a Native American reservation.

We have established links with a number of organisations and we will be very happy to consider any requests from other organisations with an interest in alcohol education and research.

We are indebted to our webmaster, Bruno Manganoni of Dolomite Publications for guiding us through the process in establishing the site. We are also grateful to Alcohol Concern, who introduced us to Bruno after he had designed their site.

If you would like to know more about the site, why not pay us a visit? We would be glad to receive any comments through the medium of the guest book.



### ALCOHOL INSIGHTS

When the Council met in October 1998 to review its strategy a major concern was that much of its work was either not known or known only within the research community. Although the Council required grant holders to submit reports to it, it had been left to grant holders to publish the results. Typically this has been through peer-reviewed academic journals. There was no mechanism for bringing them to the notice of people who could implement the conclusions and recommendations.

In its *Statement of Purpose* the Council seeks to *increase awareness of alcohol issues, generate and disseminate research-based evidence to inform and influence policy and practice*. In considering how best to disseminate the results of the research it funds the Council looked at various models, and decided that the one that accorded most with its own thinking was that of the Joseph Rowntree Foundation (JRF). The Foundation requires all grant holders:

- to prepare a report in a format that will be easily read by senior people in a position to influence policy or practice; and
- to prepare a short summary of the key conclusions for publication in the JRF *Findings* series.

The Council agreed that it should produce a series of reports, based on the *Findings* model, to be called *Alcohol Insights*. We also decided to lay down similar requirements for project reports, namely:

- the objective of *Alcohol Insights* is to disseminate research findings at an early stage and to distribute them widely, especially to senior people in a position to influence policy or practice; and
- to this end *Alcohol Insights* should concentrate on presenting either what is genuinely new knowledge in the field or what makes an important contribution to an ongoing debate. They are not intended to be a summary of the research project.

The first six *Alcohol Insights* were published at the end of July 2000 and copies are being circulated with this Report. They cover the following projects:

- Insight No 1: University of Wales:  
*Sales of alcohol to under-aged adolescents*
- Insight No 2: University of the West of England:  
*Controlling supply: the concept of need in liquor licensing*
- Insight No 3: University of Wales:  
*Reducing alcohol consumption in young men with alcohol-related facial injuries*
- Insight No 4: Centre of Alcohol and Drugs Studies, Newcastle-upon-Tyne:  
*Aiming for moderation rather than total abstinence*
- Insight No 5: Health Education Authority:  
*Fast screening for alcohol problems*
- Insight No 6: Imperial College at St Mary's:  
*The effect of alcohol on surgical dexterity*

These *Insights* were prepared in consultation with the grant-holders under the editorship of Professor Hodgson, the Council's Scientific Officer. They were distributed:

- to the media under a press release; and
- to policy makers, commissioners and providers of services and to alcohol agencies.

Copies have also been posted on the Council's website and copies of the project report will be available either from the grant-holder or from the AERC. There will be a charge for the photocopying

and the postage and handling costs but, where available, electronic copies will be provided free of charge by e-mail.

## ANNUAL SEMINARS

Each year the Council holds one of its meetings outside London. This provides an opportunity for members to meet people who are involved in the regional alcohol scene and to present some of its more recent work. The forum for these meetings is an afternoon seminar.

### 1999 Seminar: Cardiff

This took place in the imposing Temple of Health and Peace, Cathays Park on 14 October 1999. Despite having to compete with an international rugby match (Wales v. Fiji), over 50 people from Wales and the South West received presentations of five recently completed AERC projects.

- **Dr Stephen Rollnick** of the Department of General Practice in the University of Wales College of Medicine spoke about brief interventions in the consulting room and the priorities for practice and training. The question he posed was, with brief intervention apparently deemed effective, why have practitioners been reluctant to use this on a routine basis?
- **Professor Jonathan Shepherd** of the Department of Maxillofacial Surgery at the University of Wales College of Medicine then spoke of his work in tackling alcohol-related violence. He presented the results of a controlled trial of a brief intervention involving young men treated in his unit for facial injuries incurred in the course of binge drinking. The interventions resulted in changes in drinking behaviour. He also described new measures being developed to prevent disfigurement from glass injuries, including wider use of toughened glass.
- **Professor Roy Light** of the Department of Law of the University of the West of England then discussed issues about responsible retailing and controlling supply in which he drew upon two AERC projects. These had examined the two main criteria which magistrates consider when

considering applications for liquor licences, namely whether the applicant is a *fit and proper person* and the *need* for a new licence in the area.

- **Professor Ray Hodgson** of the University of Wales College of Medicine, and the Council's Scientific Officer, then described work that the Council had carried out with the Health Education Authority in testing different types of screening instruments in accident and emergency units. This had demonstrated that the *FAST* test, which the project team had developed, was just as effective and more economical than the gold standard *AUDIT* screening test.
- Finally, **Rapsallion Productions** gave a performance of their very successful theatre in education production *Small Measures*, which had been designed specifically for school children aged between 8 and 12 years.

#### 2000 Seminar: Newcastle-upon-Tyne

This will take place at the Copthorne Hotel on Thursday, 19th October 2000 and will begin at 1.30 pm. The programme will focus on recent and on-going projects and will comprise:

- **Recent work in Newcastle upon Tyne** under AERC grants, namely:
  - **Professor Nick Heather** will speak about the WHO Collaborative Project on the Identification and Management of Alcohol-related Problems in Primary Health Care.
  - **Dr Eileen Kaner** and **Ms Katie Lock** will then describe their project on the nurse-led implementation of screening and brief intervention in primary health care.
  - **Ms Deborah Hutchings** and **Ms Emma Dallolio** will then introduce the work that has recently begun on Phase IV of the WHO Project on the Development of a Strategy for Implementing Screening and Brief Alcohol Intervention in Primary Health Care in England.
- **The sale of alcohol to under-aged adolescents** – **Professor Paul Willner** of the University of Wales, Swansea, will present the conclusions of his project, which involved a major survey of school children and test-purchasing by adolescents in two areas.

- **Down in One**, a theatre-in-education performance by **Nemesis with Wings**, which is being piloted as part of a sensible drinking strategy developed by the National Federation of Young Farmers' Clubs of England and Wales.
- **The evaluation of Alcohol Projects**, presented by **Anne Fox** of Galahad Substance Misuse Solutions Ltd, which will draw upon the experience of evaluating four AERC-sponsored educational projects.

Places at this important seminar can be reserved by completing the reservation form on the leaflet enclosed with this report, by writing or telephoning the AERC Office, or by e-mail to [andrea.tilouche@aerc-sec.demon.co.uk](mailto:andrea.tilouche@aerc-sec.demon.co.uk).

#### THE NEW COUNCIL MEMBERS

At the end of March 2000, the Home Secretary appointed to the Council: Dr Jonathan Chick, Ms Perminder Dhillon, Dr John Kemm and Mrs Daljit Sidebottom to replace Dr Eilish Gilvarry, Dr Bruce Ritson, Professor Phyllida Parsloe and Professor Paul Wallace.

Under the Licensing (Alcohol Education and Research) Act 1981 the Home Secretary appoints Members in a personal capacity. The initial appointment is for three years and members may be reappointed for a second term. The maximum period that members may serve is six years.

#### Dr Jonathan Chick

Since 1979 Dr Chick has been a consultant psychiatrist at the Alcohol Problems Clinic of the Royal Edinburgh Hospital and has worked part-time as a senior lecturer in Psychiatry in the University of Edinburgh.



He brings to the Council a very wide experience of clinical and research work in the social, psychological and pharmacological treatments for alcohol dependence. In addition to his clinical work he is involved at the national and international level in a range of advisory and editorial activities. These include being:

- A member of the government's Honorary Medical Panel on Drinking, Drugs and Driving.

- Deputy Editor of the international scientific journal Alcohol and Alcoholism and a member of the editorial board of the Royal College of Psychiatrist's Advances in Alcohol Treatment.
- Advisor to the World Health Organisation on projects relating to public health.

**Ms Perminder Dhillon**

Over the past 18 years Ms Dillon has worked on youth, community, women's, media and equality issues.



As a freelance journalist, programme maker and trainer, her work has sought to widen the inclusion of race issues, and more recently, rural race equality issues. She has worked for the voluntary sector, for BBC

television and radio, as a local authority Corporate Race Equality Adviser and as a co-ordinator on a national rural race equality project for the voluntary sector. She currently works as a Senior Lecturer (Research) on drug prevention and mental health issues for the Ethnicity and Health Unit, Faculty of Health, University of Central Lancashire.

Ms Dillon is also involved with a number of educational trusts.

**Dr John Kemm**

Dr Kemm was previously director of public health for Health Promotion Wales and is currently on secondment to the University of Wales College of Medicine. He has held a variety of academic and service posts in the public health field.



Dr Kemm has a long-standing interest in the management and prevention of alcohol-related harm. He is a former chairman of Aquarius, the Midlands alcohol agency, and is a member of the board of Alcohol Concern. Since 1992 he has served on the executive committee of the Medical Council on Alcoholism and currently edits the MCA Newsletter and chairs its Public Health Committee.

Dr Kemm is keen to encourage better evaluation of care and prevention services and the development of evidence-based policy in the alcohol field.

**Mrs Daljit Sidebottom**

Mrs Sidebottom started her professional life as a teacher and worked in a variety of schools, including a number of years as a Deputy Head. She is currently a Team Manager with Health Promotion Service Avon with responsibility for co-ordinating school based health education.

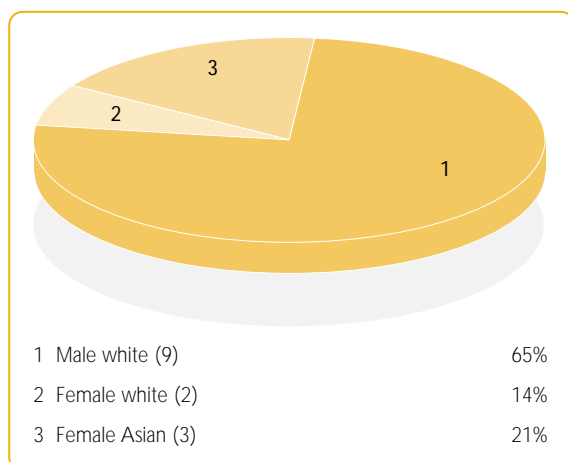


Mrs Sidebottom has a great deal of experience at both strategic and operational level in the field of alcohol and drug education. This has involved working with pupils, teachers, parents and school governors and other colleagues from health, education and the police. She believes that alcohol education is crucially important within the wider public health arena.

Mrs Sidebottom's appointment strengthens the educational composition of the Council and underlines its commitment to developing further this aspect of its remit.

**CURRENT COMPOSITION OF COUNCIL**

With the new appointments the composition of the Council by gender and ethnicity is as follows:



## Mr Alastair Eadie

### THE COMMITTEE

During the year, the Finance and General Purposes Committee met four times to review expenditure and our working methods.

I am grateful to my colleagues Henry Fairweather, Gill Mackenzie and David Rae, for their support and sound advice.

### THE FUND

As I indicated in last year's report one of the main purposes of the Finance and General Purposes Committee has been to ensure that, with the progressive removal of tax concessions for charities, the income for the Council does not diminish. The removal of this concession began to bite in this year but I am glad to report that our fund managers, Baillie Gifford and Co, were able to maintain and indeed increase our investment income. This was achieved by the combination of investment in growth stock, going for higher yield stock and a change in our banking arrangements together with a better use of cash flow.

In the course of the year, which was marked by an oft-times turbulent stock market, the market value of the Fund fell in value from £12.3 to £11.7 million. But in the same period the investment income grew by £100,000, from £529,000 to £629,000. This reflects the soundness of our investment policies.

### THE ACCOUNTS

The accounts show that income exceeded expenditure by £148,447, whereas in the previous year expenditure exceeded income by £11,298. This was due to two factors: the increase in investment income of £100,000 and delays in the submission of claims for grant payments.

From enquiries we have made we believe that our administrative costs are reasonable when compared with those of other charitable organisations.

The introduction of improved IT equipment, greater use of the Internet in communications and the establishment of the website are all contributing to the provision of a more effective service.

The Council is conscious of the need to keep administration costs to a minimum and will continue to look at ways in which costs can be reduced.



### STAFFING

Our secretarial assistant, Mrs Mavis Evans, retired in February 2000. We are grateful for her hard work and cheerful helpfulness in the 5 years she served the Council and we wish her a long and happy retirement. Mrs Andrea Tilouche, who brings to the post a wide range of experience, has taken her place. We wish her well in her new appointment.

### BEQUESTS AND DONATIONS

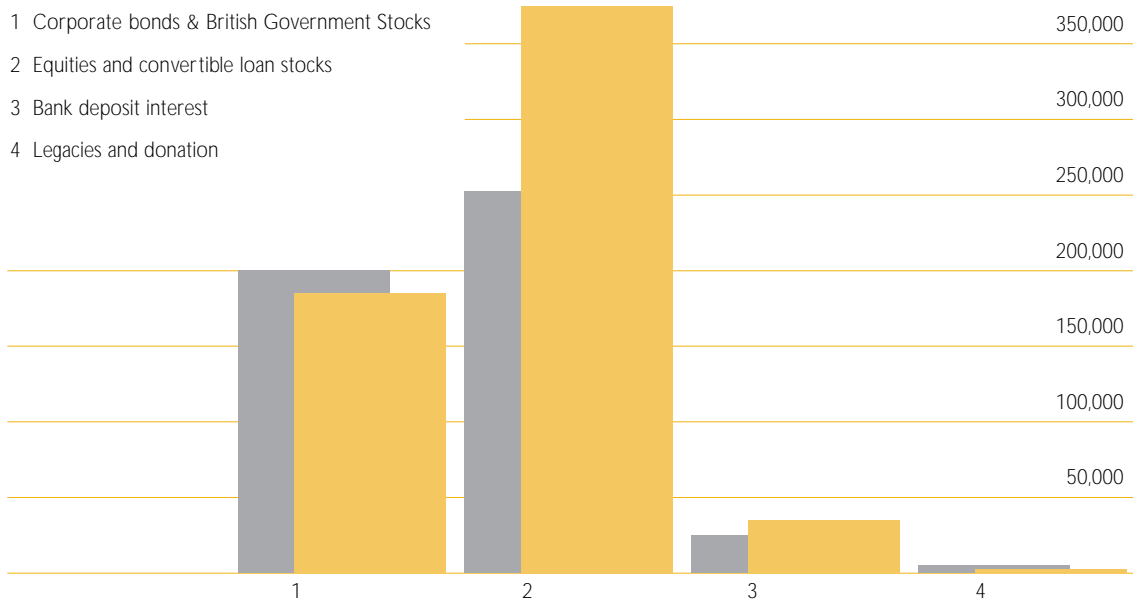
In the financial year 1999/00 the Council also received a total of £574 from the following personal donations:

- From Mr E J P Dale in memory of his niece,  
the late Mrs Lesley Williams £50.00
- From Mr N J Ross £180.00
- From an anonymous donor £344.00

The Council is most grateful for these donations. A leaflet on how to donate to the Fund is being distributed with this report. Details may also be found on the Council's website [www.aerc.org.uk](http://www.aerc.org.uk)

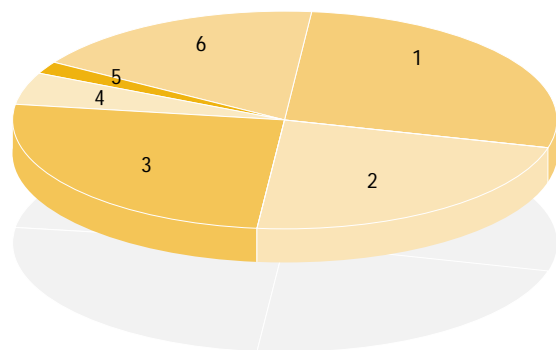
FINANCIAL MATTERS CONTINUED

**INCOME IN FY 98/99 & 99/00**



**INCOME DEPLOYMENT FY 99/00**

1 Research, action and miscellaneous grants	26%
2 Studentship Scheme	18%
3 Administration	22%
4 Investment Management Fee	9%
5 VAT	2%
6 Underspend C/F to 2000/01	23%



## Statement of the Council's Responsibilities in Relation to Financial Statements

The Licensing (Alcohol Education and Research) Act 1981 and the Charities Act 1993 require the Council to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the Council at the end of the year and of the income and expenditure for the year. In preparing financial statements which show a true and fair view, the Council is responsible for selecting suitable accounting policies and then applying them consistently, making judgements and estimates that are reasonable and prudent and preparing the financial statements on the going concern basis unless it is inappropriate to presume that the Council will continue in being.

The Council is responsible for keeping proper records to enable it to produce financial statements which comply with the requirements of the Licensing (Alcohol Education and Research) Act 1981, the Charities Acts and relevant Statements of Recommended Accounting Practice. It is also responsible for safeguarding the assets of the Alcohol Education and Research Fund and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

## Auditors' Report to the Members of the Alcohol Education and Research Council

We have audited the financial statements on pages iii to viii which have been prepared under the historical cost convention, as modified by the revaluation of investments and the accounting policies set out on page iii.

### RESPECTIVE RESPONSIBILITIES OF THE COUNCIL AND AUDITORS

As described on page i, the Council is responsible for the preparation of financial statements. It is our responsibility to form an independent opinion, based on our audit, on those statements and to report our opinion to you. We have been appointed as auditors under Section 10 of the Licensing (Alcohol Education and Research) Act 1981 and report in accordance with that Section of that Act.

### BASIS OF OPINION

We conducted our audit in accordance with Auditing Standards issued by the Auditing Practices Board. An audit includes examination, on a test basis, of evidence relevant to the amounts and disclosures in the financial statements. It also includes an assessment of the significant estimates and judgements made by the Council in the preparation of the financial statements, and of whether the accounting policies are appropriate to the Council's circumstances, consistently applied and adequately disclosed.

We planned and performed our audit so as to obtain all the information and explanations which we considered necessary in order to provide us with sufficient evidence to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or other irregularity or error. In forming our opinion we also evaluated the overall adequacy of the presentation of information in the financial statements.

### OPINION

In our opinion the financial statements give a true and fair view of the state of affairs of the Council as at 31 March 2000 and of its incoming resources and application of resources in the year then ended and have been properly prepared in accordance with the Licensing (Alcohol Education and Research) Act 1981 and the Charities Act 1993.



Saffery Champness, Chartered Accountants  
Registered Auditors, London, 24 July 2000

## Accounting Policies

### **BASIS OF ACCOUNTING**

The Council has adopted the following policies which should be read in conjunction with the financial statements set out on pages iv to viii which have been prepared in accordance with the Statement of Recommended Practice 'Accounting by Charities' issued in October 1995, and which comply with Section 10 (1) (b) (ii) of the Licensing (Alcohol Education and Research) Act 1981.

### **INVESTMENT INCOME**

Investment income comprises interest and dividends receivable in the year and is shown inclusive of recoverable tax.

### **EXPENDITURE**

All grants paid during the year are charged to the statement of financial activities. No provision is made for grants approved but not paid.

Administrative and other expenditure is charged to the statement of financial activities in the year in which it is incurred.

### **TANGIBLE FIXED ASSETS**

Tangible fixed assets are stated at purchase price less depreciation.

Depreciation is provided on all tangible fixed assets, at rates calculated to write down the cost to their estimated residual values, over their estimated useful life, at the following annual rate:

Office equipment 25%

### **INVESTMENTS**

Investments are included at market value at the balance sheet date. Market value includes accrued interest on Government stocks.

### **TAXATION**

As a registered charity the fund is not liable to taxation on its charitable activities.

### **RESERVES POLICY**

The Council has considered the Charity Commissioners leaflet CC19 Charities' Reserves dated May 1997. It is the Council's intention not to accumulate reserves, but to expend income year on year. However, due to the nature of the projects that the Council finances, it is possible for the Council to overspend or underspend in any one year depending on the quality of grant applications received and the timing of grant claims. The Council reviews the policy on an annual basis.

## Statement of Financial Activities

	Note	2000	1999
<b>Incoming Resources</b>			
Investment income	2	629,075	528,731
Bequests and donations		574	3,569
<b>Total Incoming Resources</b>		<b>629,649</b>	<b>532,300</b>
<b>Resources Expended</b>			
Direct Charitable Expenditure:			
Grants paid	9	167,398	297,688
Studentship course fees and expenses	8	111,624	68,883
		279,022	366,571
Other expenditure:			
Management and administration of the Charity			
Rent and service charges		5,049	5,310
Secretarial expenses		8,890	11,429
Secretary's remuneration		35,942	32,416
Secretarial assistance		11,836	9,669
Scientific Officer		9,300	6,720
National Insurance		5,319	4,416
Recruitment fees		3,836	-
Members' travel and subsistence	7	8,313	7,513
Council meetings	7	18,223	16,865
Auditors' remuneration		4,035	3,500
Auditors' accountancy fees		2,525	4,670
Internet and website charges		7,117	2,514
Exchange differences		3,366	-
Irrecoverable VAT		5,706	4,274
Depreciation		4,511	3,024
Bank charges		1,437	872
		135,405	113,192
Investment management fees		56,830	54,328
Irrecoverable VAT		9,945	9,507
		66,775	63,835
<b>Total Resources Expended</b>		<b>481,202</b>	<b>543,598</b>
<b>Net Incoming/(outgoing) resources for the Year</b>		<b>148,447</b>	<b>(11,298)</b>
<b>Other Recognised Gains and Losses</b>			
(Losses)/Gains on Investments:			
Realised		(857,027)	(215,723)
Unrealised		(120,829)	1,071,130
<b>Net Movement in Fund</b>		<b>(829,409)</b>	<b>844,109</b>
Fund balance brought forward		12,511,360	11,667,251
<b>Fund Balance Carried Forward</b>		<b>£11,681,951</b>	<b>£12,511,360</b>


The notes on pages vi to viii form part of the financial statements

## Balance Sheet

	Note	2000	1999
<b>Fixed Assets</b>			
Office Equipment	4	5,592	7,192
Listed investments and cash	5	11,668,253	12,274,633
		<u>11,673,845</u>	<u>12,281,825</u>
<b>Current Assets</b>			
Tax recoverable		9,086	8,477
Other debtors		410	-
Current bank account balances		29,641	10,000
Cash on deposit		198,934	238,076
		<u>238,071</u>	<u>256,553</u>
<b>Current Liabilities</b>			
Due to stockbrokers		198,934	-
Accrued expenses		31,031	27,018
		<u>229,965</u>	<u>27,018</u>
<b>Net Current Assets</b>			
		8,106	229,535
Total Assets less current liabilities		<u>£11,681,951</u>	<u>£12,511,360</u>
Financed by:			
<b>Funds</b>			
Unrestricted		<u>£11,681,951</u>	<u>£12,511,360</u>

Approved by Council on 19 July 2000 and signed on its behalf by:

  
Baroness Flather

  
A G Eadie

### CASHFLOW STATEMENT

Net incoming/(outgoing) resources in year before investment (losses)/gains		148,447	(11,298)
Depreciation charges		4,511	3,024
(Increase)/decrease in debtors		(1,019)	17,229
Increase in current liabilities		4,013	5,509
<b>Net cash inflow from operating activities</b>		<u>155,952</u>	<u>14,464</u>
<b>Investing Activities</b>			
Payments to acquire tangible fixed assets		(2,911)	(1,362)
Payments to acquire investments		(5,100,073)	3,638,981
Receipts from sales of investments		5,233,978	3,834,229
<b>Net Cash inflow from investing activities</b>		<u>130,994</u>	<u>193,886</u>
Increase in cash balances			
Balances at 31 March 2000	6	892,152	605,206
Less balances at 31 March 1999		(605,206)	(396,856)
		<u>£286,946</u>	<u>£208,350</u>

The notes on pages vi to viii form part of the financial statements

## Notes to the Financial Statements

### 1. CONSTITUTION

The Alcohol Education and Research Fund is provided for as a statutory charity under the terms of the Licensing (Alcohol and Research) Act 1981, which was effected by statutory instrument on 1 October 1981. The fund is applied for the charitable purposes outlined in Section 7 sub-section 2-4 of the Act.

### 2. INVESTMENT INCOME

	2000	1999
Corporate bonds and British Government Stocks	197,501	224,790
Equities and convertible loan stocks	389,649	272,619
Bank deposit interest	41,925	31,322
	£629,075	£528,731

### 3. EMPLOYEES

The Council employed three part time staff during the year (1999 – three). Two were engaged in administrative duties and one as a scientific officer.

Staff costs for the above person were:

	2000	1999
Wages and salaries	57,078	48,805
Social security costs	5,319	4,416
	£62,397	£53,221

### 4. TANGIBLE FIXED ASSETS

	<b>Office Equipment</b>
Cost	
At 1 April 1999	18,169
Additions	2,911
At 31 March 2000	21,080
Depreciation:	
At 1 April 1999	10,977
Charge for the year	4,511
At 31 March 2000	15,488
Net Book Value	
At 31 March 2000	£5,592
At 31 March 1999	£7,192

## Notes to the Financial Statements (continued)

### 5. LISTED INVESTMENTS AND CASH

	2000	1999
At valuation:		
Listed Investments 1 April 1999	11,917,503	11,257,345
Additions	5,299,007	3,638,981
Disposals	(6,091,005)	(4,049,953)
Unrealised (losses)/gains on revaluation	(120,829)	1,071,130
Listed Investments 31 March 2000	11,004,676	11,917,503
Cash awaiting reinvestment	663,577	357,130
Listed investments and cash	£11,668,253	£12,274,633

#### Analysis by type:

	2000		1999	
	Market Value	Cost	Market Value	Cost
Corporate bonds & British Govt. Stocks	2,706,068	2,668,168	3,178,064	2,642,513
Equities and convertible loan stocks	8,298,608	6,821,867	8,739,439	5,852,430
Cash awaiting re-investment	663,577	663,577	357,130	357,130
	£11,668,253	£10,153,612	£12,274,633	£8,852,073

### 6. CASH BALANCES

	2000	1999	Change in Year
Cash on deposit and at bank	228,575	248,076	(19,501)
Cash awaiting re-investment (note 5)	663,577	357,130	306,447
	£892,152	£605,206	£286,946

### 7. MEMBERS' TRAVEL AND SUBSISTENCE AND COUNCIL MEETINGS

Included in the cost of members' travel and subsistence and council meetings is a total of £9,901 (1999: £9,031) reimbursed to 14 members (1999: 14)

### 8. STUDENTSHIP COURSE FEES AND EXPENSES

The council paid course fees in respect of 12 individuals during the year, totalling £111,624. The amount outstanding at the year end is as follows:-

Payable 2000/01	45,045
Payable 2001/02	10,805
	£55,850

A summary of studentship awards approved during the year is given in Annex II of the Council's Report.

## Notes to the Financial Statements (continued)

### 9. GRANTS PAID

	(Repaid)/ Paid in Year	Outstanding	Payable
University of Wales College of Medicine	9,027	4,357	2000/01
University College London Medical School	9,855	29,110	2000/01
University of Newcastle-upon-Tyne	30,542	–	–
Addictions Forum	3,900	6,100	2000/01
University of the West of England	12,186	–	–
London School of Hygiene and Tropical Medicine	–	26,896	2000/01
University of Wales Swansea	29,134	–	
Health Education Authority	14,837	–	
Rapscallion Productions	3,279	–	
Alcohol Concern	4,799	27,929	2000/01
Addictions Forum	6,250	–	
Alcohol and Health Research Centre	40,000	–	
Centre for Research on drugs and Health Behaviour	3,000	–	
TACADE	2,000	–	
Church of Scotland Lifestyle Centre, Stornaway	1,000	337	2000/01
National Federation of Young Farmers' Clubs	–	21,790	2000/01
Centre for Alcohol and Drug Studies	–	132,223	2000/02
University of Nottingham	–	27,561	2000/01
University of Bath	–	102,230	2000/02
TACADE	–	44,900	2000/01
Alcohol and Health Research Centre	–	39,322	2000/01
Medical Council on Alcoholism	–	1,000	2000/01
Rehabilitation of Addicted Prisoners Trust	(2,411)		
	£167,398	£463,755	

Of the grants in the list opposite, a Council member and the Scientific Officer were involved in two research projects and received research funding from the institution to which the grant was made. The details are as follows:

University of Wales College of Medicine: throughout the grant the Scientific Officer Professor Ray Hodgson received a total of £15,000 for project management and supervision.

Health Education Authority: throughout the grant the Scientific Officer and a Council member Dr Betsy Thom each received £13,000 for scientific assistance and local supervision.

In addition, in respect of the grant to the University of Bath, the grant holder is Professor Richard Velleman, a member of the Council.

A summary of grants approved during the year is given in Annex I1 of the Council's Report.

The outstanding grants are anticipated to be payable in the following accounting periods:

Payable 2000/2001	363,566
Payable 2001/2002	100,189
	£463,755

## Professor Ray Hodgson, Scientific Officer

The Alcohol Education and Research Council is committed to the development of effective educational interventions. We believe that the right approach, given by the right people in the right setting, can influence the way in which alcohol is used.

What is lacking, and what we are seeking, is strong evidence of effectiveness.

The desired outcome of educational interventions is an increased awareness of safe levels and patterns of alcohol consumption followed by a reduction in alcohol related harm. The AERC has a very broad approach to education with an interest in a variety of target groups and settings, including health professionals, probation, social services, the work-place, licensees and the general population, as well as schools and the youth service. The focus is upon reducing risky drinking in the population at large and not only upon those who are likely to develop alcohol dependence.

This article describes the way in which the Council has approached its educational remit in the past and how it is developing its policy in this area.

### BACKGROUND

Since the Council was established in 1982 it has allocated approximately 60% of its grant expenditure to research projects, 30% to action projects and 10% to the studentship scheme. Many of the action projects have been for developing educational materials and local initiatives. These have included several theatre-in-education projects.

At the same time, many AERC research projects have been about education or have resulted in findings which have educational implications. For example, one current project revolves around educating and training primary care workers to change their

practice and then seeing if this makes a difference. Similarly, educational projects often have implications for research.

At the beginning of her chairmanship Baroness Flather made it clear that she wished the Council to develop its educational role. This was one of the issues explored at the strategy seminar in October 1998. Since then the remit of the Studentship Committee has been extended to include educational policy and the consideration of applications for educational project grants. In addition the composition of the Council has been widened and it now includes three members experienced in alcohol education, at the school and higher education levels, as well as health promotion.



Over the past year the Education Committee has been feeling its way forward. In dealing with grant applications it has sought to apply the same rigorous approach as the Council does towards research applications. It has been conscious that the research literature is sceptical about the effectiveness of alcohol educational initiatives.

### RESEARCH EVIDENCE CONSIDERED

Most of the literature on the effectiveness of educational approaches is dominated by school-based interventions carried out in the United States. The evolution of these approaches has involved three phases:

- The first group of studies focused upon information-based methods designed to provide factual information about the effects of alcohol use and misuse. Such an approach prevailed in the early 1960s to early 1970s.

- The second phase (early 1970s and 1980s) involved personal development and typically focused upon stress-management, decision-making and clarification of values.
- In the third phase (from the early 1980s) the social influence model has predominated. This social approach covers resistance skills training as well as more comprehensive approaches that usually include other social and communication skills as well as decision-making and problem solving skills. Although there is some supportive evidence that there may be short and medium term changes or awareness the general consensus is that none of these approaches has been shown to produce substantial long-term changes in alcohol-related harm.

But against this it must be questioned whether it is realistic to expect that a few lessons within a school curriculum, a piece of theatre or a media campaign can produce such enduring changes. So many other influences are at work to encourage hazardous drinking. Perhaps the answer is to look for evidence of solid short-term changes that can be built upon with strong links between school-based and community-based interventions. So there is still a great deal to be done. Do we need better methods of assessing change? Should peers instead of adults deliver interventions directed at young people? Is there a need to look again at theories of change? Can we learn anything from the drug education field or from research on the influence of television? There is some evidence that education via the mass media can help to influence those who come into contact with hazardous drinkers (e.g. friends don't let friends drive when drunk). Furthermore, community action projects or community safety initiatives such as inner city policing need local support. Educational approaches are able to sway the general public or local groups so that such initiatives are well supported.

#### GRANT APPLICATIONS

Ideally the AERC is looking for innovative proposals that satisfy three basic criteria:

- first, is the proposal innovative and will it make a difference? The Council does not have the

resources to fund purely local alcohol educational initiatives which are not potentially generalisable;

- secondly, is the proposed intervention based upon good theoretical principles? There is nothing as practical as a good theory; and
- finally, does the proposal include a strong research or evaluation component?

Although these are the ideal characteristics of a good proposal the AERC recognises that building in an appropriate evaluation is not always easy. Over the past two years it has normally been a condition of an educational grant that an external evaluator should evaluate it. If we are persuaded that a proposed intervention could be effective then we are happy to provide support in developing an evaluation strategy. Following consultation with the applicant/grant-holder the evaluator is appointed by the Council and submits the report to the Council.

So far, two theatre-in-education projects have been evaluated in this way and important lessons have been learnt. Currently a third theatrical project is being evaluated, together with a project to develop educational materials. A presentation on this work will be given at the Council's seminar in Newcastle-upon-Tyne on 19 October 2000.

Where proposals have research implications the Education Committee will seek comments from the Research Committee. To this end one Council member and the Scientific Officer serve on both committees. Besides facilitating liaison this helps to ensure an even-handed application of Council policies and standards to both education and research projects.

#### WAY FORWARD

Now that it has begun to develop its educational policy the Council is keen to share its ideas with other organisations and to discuss how we can work together in this important area. We recently funded a study seminar organised by TACADE, which examined the priorities for alcohol education. We are also involved in discussions with government departments and other organisations. Watch this space!

## The Alcohol Education and Research Council and Functional Committees

### CHAIRMAN

**Baroness Flather JP DL**

### MEMBERS

**Mr John Bennett**

Director, Health Citizenship and Community Education  
Birmingham City Council

**Dr Robin Davidson**

Consultant Clinical Psychologist, Belvoir Park Hospital, Belfast

**Mr Alastair Eadie**

Director External Affairs, United Distillers and Vintners UK

**Mr Henry Fairweather**

Personnel Director, Scottish and Newcastle plc

**Dr Roger Farmer**

Consultant Psychiatrist, St George's Hospital Medical School,  
London

**Dr Eilish Gilvarry**

Clinical Director, Northern Regional Drugs and Alcohol Service,  
Newcastle upon Tyne (*retired in January 2000*)

**Professor Brian McAvoy**

Department of Primary Health Care,  
University of Newcastle upon Tyne  
(*resigned in April 2000*)

**Mrs Gill Mackenzie**

Chief Probation Officer, Gloucestershire Probation Service

**Professor Phyllida Parsloe**

Emeritus Professor of Social Work and Senior Research Fellow,  
University of Bristol, Chairman of North Bristol NHS Trust  
(*retired in January 2000*)

**Mr David Rae**

Managing Director, North British Distillery Co Ltd

**Dr Bruce Ritson**

Consultant Psychiatrist, Royal Edinburgh Hospital  
(*retired in January 2000*)

**Dr Betsy Thom**

Senior Research Fellow, School of Social Sciences,  
Middlesex University

**Professor Richard Velleman**

Director of Research and Development for Avon and Western  
Wiltshire Mental Health Care Trust

**Professor Paul Wallace**

Department of Primary Health Care, Royal Free Hospital  
(*resigned in July 1999*)

### APPOINTMENTS MADE IN MARCH 2000

**Dr Jonathan Chick**

Consultant Psychiatrist, Royal Edinburgh Hospital

**Ms Perminder Dhillon**

Senior Lecturer (Research), University of Central Lancashire

**Dr John Robert Kemm**

Department of Public Health, University of Wales  
College of Medicine

**Mrs Daljit Sidebottom**

Schools Co-ordinator, Health Promotion Service, Avon

### SECRETARY

**Mr Leonard Hay**

**PS Andrea Tilouche**

### SCIENTIFIC OFFICER

**Professor Ray Hodgson**

Cardiff Addiction Research Unit

### FUNCTIONAL COMMITTEES OF COUNCIL

#### RESEARCH COMMITTEE

Dr Robin Davidson *Chairman*

Dr Jonathan Chick, Ms Perminder Dhillon, Dr Roger Farmer,  
Dr John Kemm, Dr Betsy Thom

#### EDUCATION AND STUDENTSHIP COMMITTEE

Mrs Gill Mackenzie *Chairman*

Mr John Bennett, Mr Henry Fairweather,  
Mrs Daljit Sidebottom, Dr Betsy Thom

#### FINANCE AND GENERAL PURPOSES COMMITTEE

Mr Alastair Eadie *Chairman*, Mr David Rae *Vice Chairman*  
Mr Henry Fairweather, Mrs Gill Mackenzie

#### DISSEMINATION COMMITTEE

Professor Richard Velleman *Chairman*

Dr Robin Davidson, Mr Alastair Eadie  
Dr John Kemm, Dr Betsy Thom

## Summary of Grants made in 1999-2000

	Spread of Years	Amount £
<b>RESEARCH PROJECTS</b>		
1. To University College London Medical School to explore alcohol consumption in relation to depression. An extension to an earlier grant made in 1997.	1 year	30,011
2. To the Centre for Alcohol and Drug Studies, Newcastle-upon-Tyne, to develop a strategy for implementing screening and brief interventions in primary health care in England.	2 years	132,000
3. To University of Bath to carry out a randomised comparison of two levels of an intervention to work with relatives of alcohol and drug users in primary care.	3 years	£102,230
4. To University of Nottingham to study the drinking habits of 16 year-olds: associations with contemporaneous attitudes and social circumstances, social-economic factors and early childhood experience.	1 year	£27,561
5. To the Alcohol and Research Centre, Edinburgh for the Documentation and Dissemination phase of a study on Alcohol, Drugs and Tobacco and European Students.	1 year	39,322
		<b>Total 303,563</b>
<b>EDUCATIONAL AND ACTION PROJECTS</b>		
6. To TACADE to develop a photopack for young people (aged 16 – 24 years) on alcohol related situations, and also to develop, write, pilot and publish a programme of alcohol education for secondary schools.	1 year	44,900
7. To Medical Council on Alcoholism, an addition to a previous grant for publication of a new Handbook for Medical Students, to provide incentives to students to participate in the evaluation of the Handbook.	6 months	1,000
8. To National Federation of Young Farmers' Clubs to fund pilot stage of Young Farmers Sensible Drinking Theatre in Education Project.	6 months	£21,790
		<b>Total 67,690</b>
<b>MISCELLANEOUS GRANTS</b>		
9. To Imperial College Centre for Research on Drugs and Health Behaviour (CRDHB) to help fund a conference marking the 10th anniversary of the CRDHB.		3,000
10. To TACADE towards the costs of a study conference on the <i>National Alcohol Strategy and Alcohol Education for Young People</i> .		2,000
11. To the Addictions Forum to fund bursaries for the <i>Durham 2000</i> conference.		6,630
12. To the Church of Scotland Lifestyle Centre, Stornaway, towards the costs of a seminar on the effect of alcohol dependency on families and communities.		1,284
		<b>Total 12,914</b>

Spread of Years

Amount £

**STUDENTSHIP AWARDS – RESEARCH**

13. To Ms Diana Gossrau to carry out research at the University of Leicester on drinking patterns and other risk-taking behaviours: relationships between siblings and their parents.	3 years	37,920
14. To Ms Zoe Swaine to carry out research at the University of Glasgow to develop a balanced alcohol expectancy questionnaire to evaluate the roles of positive and negative alcohol outcome expectancy (as representatives of motivations to drink and restrain) in alcohol consumption behaviour.	3 years	27,885

**STUDENTSHIP AWARDS – TAUGHT COURSES**

15. To Ms Lisa Davidson to study at University of Paisley for a Post Graduate Diploma in Alcohol and Drug Studies.	1 year	12,640
16. To Mrs Janet McKay to study at University of Paisley for a Post Graduate Diploma in Alcohol and Drug Studies.	1 year	10,615
17. To Mr John Doocey to study part-time at University of Kent, leading to a Diploma in Addictions Counselling.	2 years	3,000
18. To Ms Tina Mobsby to study at University of Wales, Swansea for MSc in Substance Abuse.	1 year	10,805
19. Mr John Lilburn to study at NESOCOT, Epsom, leading to a Diploma in Psychodynamic Counselling.	2 years	4,680
20. Ms Caroline MacLeod to study at University of Paisley for MSc. (subsequently declined award).	1 year	10,615

**Total Studentship awarded in 1999/2000 118,160**

**GRAND TOTAL of grants made in 1999/2000 502,327**

## Publications stemming from Council Grants

### 1. R10/93: UNIVERSITY OF WALES COLLEGE OF CARDIFF

#### Feasibility of mark-recapture methods to estimate prevalence of problem drinking.

BLOOR M, KEENE J, SHABNEM A, WOOD F, WHITBREAD C, SELF R (1998)

Mark-recapture estimation of the local prevalence of problem drinking: An account of the results of a feasibility study.

ADDICTION RESEARCH Vol 6 No 5 pp 453-463

### 2. R1/94: UNIVERSITY OF NEWCASTLE

#### WHO Collaborative study: a randomised controlled trail of methods encouraging uptake and utilisation of GPs of early intervention against excessive alcohol consumption.

KANER E F S, HIGHTON C A, McAVOY B R (1998)

'So much post, so busy with practice – so, no time!' A telephone survey of general practitioners' reasons for not participating in postal questionnaire surveys.

BRITISH JOURNAL OF GENERAL PRACTICE March 1998

KANER E F S, LOCK C A, McAVOY B R, HEATHER N, GILVARRY E (1999)

Our Healthier Nation: are general practitioners willing and able to deliver? A survey of attitudes to and involvement in health promotion and lifestyle counselling.

BRITISH JOURNAL OF GENERAL PRACTICE March 1999

KANER E F S, LOCK C A, McAVOY B R, HEATHER N, GILVARRY E (1999)

A RCT of three training and support strategies to encourage implementation of screening and brief alcohol intervention by general practitioners British.

BRITISH JOURNAL OF GENERAL PRACTICE March 1998

KANER E F S, LOCK C A, McAVOY B R, HEATHER N, GILVARRY E (1999)

A randomised trial of three marketing strategies to disseminate a screening and brief alcohol intervention programme to general practitioners.

BRITISH JOURNAL OF GENERAL PRACTICE September 1999

KANER E F S, LOCK C A, McAVOY B R, HEATHER N, GILVARRY E (1999)

Intervention for excessive alcohol consumption in primary health care: Attitudes and practices of English.

GENERAL PRACTITIONERS ALCOHOL & ALCOHOLISM  
Vol 34 No 4 pp 559-566

### 3. R6/94: ALCOHOL & HEALTH RESEARCH CENTRE, EDINBURGH

#### Alcohol, Tobacco and Drug Use Among European Students (ESPAD)

PLANT M, MILLER P (1999)

Use and perceived ease of obtaining illicit drugs among teenagers in urban, suburban and rural schools.

JOURNAL OF SUBSTANCE USE (1999) 4 24-28

PLANT M (1999) ESPAD

The European School Survey Project on Alcohol & Other Drugs.

ALCOHOL UPDATE (The Scottish Council on Alcohol)

PLANT M, MILLER P (2000)

Drug Use has declined among teenagers in United Kingdom.

BMJ Vol 329 1 June 2000

### 4. R8/95: GLASGOW CALEDONIAN UNIVERSITY

#### An examination of next day hangover effects after moderate amounts of alcohol: Implications for driving and the workplace.

FINNIGAN F, HAMMERSLEY R, COOPER T (1998)

An examination of next-day hangover effects after a 100mg/100ml dose of alcohol in heavy social drinkers.

ADDICTION 93(12) 1829-1838

FINNIGAN F, HAMMERSLEY R, MILLAR K (1998)

Effects of meal composition on blood alcohol level, psychomotor performance and subjective state after ingestion of alcohol.

APPETITE 31 361-375

FINNIGAN F, HAMMERSLEY R, MILLAR K (1998)  
Verbal expectancies and performance after alcohol.  
ADDICTIVE BEHAVIOURS Vol 23 No 4 pp 489-496

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FINNIGAN F, HAMMERSLEY R, MILLAR K (1999)  
Is residual impairment after alcohol an effect of repeated  
performance?  
AVIATION, SPACE AND ENVIRONMENTAL MEDICINE  
Vol 70 no 2 February 1999

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#### 5. R10/95: UNIVERSITY OF LEICESTER

**The influence of habitual alcohol intake on breath  
alcohol concentrations following prolonged drinking:  
implications for drinking and driving.**

WRIGHT N R, AND CAMERON D (1998)  
The influence of habitual alcohol intake on breath-alcohol  
concentrations following prolonged drinking.  
ALCOHOL & ALCOHOLISM Vol 33 No 5 pp 495-501

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#### 6. R15/97: UNIVERSITY OF THE WEST OF ENGLAND, BRISTOL, FACULTY OF LAW

**Controlling supply: The Concept of 'need' or 'demand'  
in liquor licensing.**

LIGHT R, HEENAN S (1999)  
Liquor licensing: need and the Good Practice Guide Solicitors.  
Journal 22 October 1999

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LIGHT R, HEENAN S (1999)  
Liquor Licensing: Responding to Change Justice of the Peace  
Vol 163 11 December 1999

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LIGHT R, HEENAN S (1999)  
Liquor Licensing: Responding to Change Part 2 Justice  
of the Peace.  
Vol 164 26 February 2000

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#### 7. R7/96: UNIVERSITY COLLEGE, LONDON

**Antecedents of midlife alcohol consumption and  
alcohol problems**

ELY M, HARDY R, LONGFORD N T, WADSWORTH M E J (1999)  
Gender differences in the relationship between alcohol  
consumption and drink problems are largely accounted for  
by body water.  
ALCOHOL AND ALCOHOLISM Vol 34 No 6 pp 894-902

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#### 8. RS7/98: SUZY HARPER (POST-GRADUATE RESEARCH STUDENT), UNIVERSITY OF STRATHCLYDE

An alternative Methodology for Alcoholic Self-Report  
Alcohol Update.  
(THE SCOTTISH COUNCIL ON ALCOHOL) May 1999

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## Current Holders of AERC Grants

Ref	Grant Holder or Project Leader	Details of Project or Studentship	Amount and Period
<b>RESEARCH GRANTS</b>			
R11/95	<b>Professor Jonathan Shepherd</b> College of Medicine, University of Wales Dept. of Oral Surgery, Medicine and Pathology	Evaluation of the effectiveness of a brief intervention designed to reduce binge alcohol consumption and injury experience in young males.	£100,810 over 3 years from 1996
R7/96	<b>Professor Michael Wadsworth</b> Dept. of Epidemiology & Public Health Medical School, University College, London	Antecedents of midlife alcohol consumption and alcohol problems.	£62,929 over 3 years
R8/97	<b>Dr Eileen Kaner</b> The Medical School, Dept. of Primary Health Care University of Newcastle upon Tyne	A randomised controlled trial of training and support strategies to encourage implementation of brief alcohol intervention by primary health care nurses.	£50,929 over 2 years
R17/97	<b>Mr I R White</b> London School of Hygiene and Tropical Medicine Dept. of Epidemiology & Population Sciences	'Optimal' levels of alcohol consumption for different ages, and the mortality attributable to heavier drinking.	£26,896 over 2 years
R5/98	<b>Dr Martin Plant</b> Alcohol & Health Research Centre, Edinburgh	Alcohol and European students (ESPAD 99).	£60,000 over 12 months
R1/99	<b>Dr Jacqueline Collier</b> Faculty of Medicine and Health Sciences University of Nottingham	Drinking habits of 16 year olds: associations with contemporaneous attitudes and social circumstances, socio-economic factors and early childhood experience.	£27,561 over 12 months
R2/99	<b>Professor Richard Velleman</b> Mental Health Research and Development Unit, University of Bath	A randomised comparison of two levels of an intervention to work with relatives of alcohol and drug users in primary care.	£102,230 over 3 years
R3/99	<b>Professor Nick Heather</b> Centre for Alcohol and Drug Studies Newcastle-upon-Tyne	Strategy for implementing screening and brief interventions in primary health care in England.	£132,000 over 2 years
R1/00	<b>Dr Martin Plant</b> Alcohol & Health Research Centre, Edinburgh	Alcohol and European Students (ESPAD 99).	£39,322 over 12 months

Ref	Grant Holder or Project Leader	Details of Project or Studentship	Amount and Period
<b>RESEARCH GRANTS CONTINUED</b>			
R2/00	<b>Dr Gillian Tober</b> Leeds Addiction Unit	Validation of a manual for process rating psychosocial interventions for the treatment of alcohol dependence and misuse.	£34,125 over 3 years
R3/00	<b>Professor Peter Sönksen</b> Dept. of Endocrinology St Thomas' Hospital, London	Examination of the link between alcohol and diabetes and what advice doctors should give their patients.	£33,955 over 12 months
<b>ACTION GRANTS</b>			
A5/98	<b>Ms Mary-Ann McKibben</b> Alcohol Concern	Making alcohol information, literature and research available via The Internet – collaboration with the ISDD in developing access to library held information.	£32,728 over 18 months
A1/99	<b>Ms Tina Wukics</b> National Federation of Young Farmers' Clubs of England and Wales	Young Farmers Sensible Drinking Theatre in Education Project – Stage 1.	£21,790 over 6 months
A1/00	<b>Mr Martin Buczkiewicz</b> TACADE Greater Manchester	Project to develop a photopack for young people (aged 14-18 years) on alcohol related situations; and alcohol education materials for secondary school students.	£44,900 over 12 months
<b>RESEARCH STUDENTSHIPS</b>			
RS8/97	<b>Ms Kay Wright</b>	PhD at University of Birmingham for research into the use of alcohol in combination with other recreational drugs and its relationship with driving behaviour; University of Birmingham.	£22,982 over 3 years
RS10/97	<b>Ms Asesha Morjaria</b>	PhD at University of Birmingham for research into Incorporating the dimension of spirituality into culturally appropriate interventions for South Asians affected by alcohol-related problems.	£26,910 over 3 years

Ref	Grant Holder or Project Leader	Details of Project or Studentship	Amount and Period
<b>RESEARCH STUDENTSHIPS CONTINUED</b>			
RS4/98	Ms Ann Maureen Coogan	MPhil leading to DPhil over 3 years at University of Ulster. The research is a three phase project to: <ul style="list-style-type: none"> <li>• Identify the specific areas within the clients' characteristics profile which warrant treatment;</li> <li>• Evaluate the effectiveness of existing treatment programmes for each of these treatments;</li> <li>• Develop a predictor which, by administration before and during treatment, will ensure that the patient is receiving tailored, comprehensive and effective treatment programme.</li> </ul>	£37,610 over 3 years
RS7/98	Ms Susan Mary Harper	PhD at University of Strathclyde for research into the application of the Social Criterion Theory developed by Davies and Best in the area of alcoholism/alcohol problems. Using a signal detection type paradigm it is proposed to measure differences in criterion and sensitivity between different consumption groups. The object is to develop a diagnostic tool that may have value for the clinical setting with respect to alcohol problems (recently completed).	£21,435 over 2 years
RS9/98	Ms Tasneem Karimjee	PhD at King's College, London, to research the role of sulphur amino acids in the toxicity of alcohol. Possibilities for protective therapy.	£35,570 over 3 years
RS1/99	Ms Diane Gossrau	PhD at University of Leicester to research drinking patterns and other risk-taking behaviours: relationships between siblings and their parents.	£32,415 over 3 years
RS00/01	Mr Victor Robinson	PhD at Queens University of Belfast. Investigating self-efficacy ratings in affected and non-affected siblings from families in Northern Ireland with a positive family history of alcohol problems.	£33,270 over 3 years
RS00/02	Ms Barbara Elliott	PhD at University of Bath. Investigating and further clarifying those behaviours or characteristics which make it likely that an individual will drop-out during an alcohol treatment intervention of their choice, or relapse back to previously high levels of consumption, following the completion of an intervention.	£33,270 over 3 years
RS00/03	Miss Kirsty Jo-Anne Flatley	PhD at University of Strathclyde to predict the behaviour of individuals with problem alcohol use – the utility of a social cognition model.	£19,080 over 2 years
RS00/04	Ms Susan Boyle	Second year of Doctor of Clinical Psychology degree at Glasgow University. Investigating whether impaired control over drinking mediates the "alcohol expectancy-motivation for recovery" relationship.	£1,880 for 1 year
RS00/05	Miss Johanna Tamsin Piper	MSc in Health Psychology to explore the relationship between alcohol consumption, anxiety and depression levels in myocardial infarction (heart attack) patients to determine if these factors are predictive of a future heart attack.	£9,540 for 1 year

Ref	Grant Holder or Project Leader	Details of Project or Studentship	Amount and Period
<b>TAUGHT COURSE STUDENTSHIP</b>			
TC6/98	Mr Alastair Macorkindale	MSc. Drugs and Alcohol: Policy and Intervention. University of London	£4,500 over 2-4 years
TC7/98	Ms Pamela Menzies	MSc. Drugs and Alcohol: Policy and Intervention. University of London	£4,500 over 2-4 years
TC1/99	Ms Lisa Davidson	Diploma in Alcohol and Drug Studies at the University of Paisley	£12,640 over 12 months
TC2/99	Ms Janet McKay	Diploma in Alcohol and Drug Studies at the University of Paisley	£10,805 over 12 months
TC3/99	Mr John Doocey	External Diploma in Addiction Counselling of the University of Kent at Canterbury	£3,000 over 2 years
TC5/99	Mr John Lilburn	Diploma in Psychodynamic Counselling of North East Surrey College of Technology	£4,680 over 2 years
TC00/02	Ms Jacqueline Schickler	Certificate in Addiction Counselling of the Rehabilitation of Addicted Prisoners Trust	£10,050 over 1 year
TC00/03	Mrs Katherine Jones	Diploma of Higher Education in Addiction Studies at the Leeds Addiction Unit	£500 contribution
TC00/04	Mr Stuart Simpson	Post-Graduate Diploma of Higher Education in Alcohol and Drug Studies at the University of Paisley	£11,090 over 1 year
TC00/05	Mr John Nicholls	Diploma of Higher Education in Addiction Studies at the Leeds Addiction Unit	£1,700 over 2 years
TC00/06	Mr William Stephen Griffiths-Moore	Diploma in Addiction counselling at the University of Kent	£3,190 over 2 years
TC00/07	Mr Philip Rowe	Post-Graduate Certificate/Diploma/MSc in Addiction Psychology, Counselling and Recovery	£5,640 over 3 years
TC00/08	Dr Fiona Robinson	MSc in Addictive Behaviour at St George's Hospital Medical School	£12,790 over 1 year

## AERC Studentships Scheme

### GENERAL

Each year the Council awards a small number of studentships. These are in two categories.

- for students who wish to undertake research in the alcohol field leading normally to a PhD or MSc;
- for those who are working, or who intend to work, in the field and who wish to acquire appropriate professional qualifications by following a taught course.

The purpose of the scheme is to encourage alcohol research and to improve the quality of service provided for those with drinking problems.

The 2001 Studentship Scheme will be advertised in January 2001 and the selection process will be completed by the end of May.

#### Awards for

#### POSTGRADUATE RESEARCH STUDENTS

##### TO QUALIFY:

- the applicant should have been accepted for a higher degree by research in alcohol studies up to a maximum period of three years;
- the student should normally have or expect shortly to be awarded a degree at first class (1) or upper second (2:1). Applications will also be considered from students who have lesser qualifications but who have been accepted for a research degree.

#### Awards for

#### STUDENTS ATTENDING TAUGHT COURSES

##### TO QUALIFY:

- the applicant should have been accepted or provisionally accepted for a taught course leading to a diploma or similar qualification in alcohol-related studies, including training in alcohol counselling;
- the institution and the course, which may be full or part-time, must be acceptable to the Council.

It is not a requirement to be a graduate in order to qualify for an award, but all applicants will need to satisfy the Committee that they have the intellectual capacity to complete the course successfully.

### AMOUNT OF AWARDS

Since 1998 the amounts of awards and allowances payable have been based on those paid by the Economic and Social and other Research Councils. These include mature students' incentives and allowances for single parents and disabled persons.

### APPLICATIONS

For an application form and details of the standard conditions for the studentship arrangements please write or telephone the Council's office or visit our website [www.aerc.org.uk](http://www.aerc.org.uk).